

Tackling Temptation



Midweek Bible Study @ Capital Community Church

James 1:12 (LB) Happy is the man who doesn't give in and do wrong when he is tempted, for afterwards he will get as his reward the crown of life that God has promised those who love him.

Every temptation is an opportunity to _____.

Galatians 5:22-23 (NLT) But when the Holy Spirit controls our lives, he will produce this kind of fruit in us: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. Here there is no conflict with the law.

God develops His character in your life by allowing you to experience circumstances in which you're tempted to _____.

2 Corinthians 2:11 (NLT) ... so that Satan will not outsmart us. For we are very familiar with his evil schemes.

Temptation always follows a four-step process:

1. _____
2. _____
3. _____
4. _____

Mark 7:20-23 (NLT) It is the thought-life that defiles you. For from within, out of a person's heart, come evil thoughts, sexual immorality, theft, murder, adultery, greed, wickedness, deceit, eagerness for lustful pleasure, envy, slander, pride, and foolishness. All these vile things come from within; they are what defile you and make you unacceptable to God.

James 1:14-15 (TEV) But we are tempted when we are drawn away and trapped by our own evil desires. Then our evil desires conceive and give birth to sin; and sin, when it is full-grown, gives birth to death.

HOW TO TACKLE TEMPTATION ...

1. _____ to be intimidated.

1 Corinthians 10:13 (NLT) But remember that the temptations that come into your life are no different from what others experience. And God is faithful. He will keep the temptation from becoming so strong that you can't stand up against it. When you are tempted, he will show you a way out so that you will not give in to it.

2. _____ your pattern of temptation.

1 Peter 5:8 (MSG) Keep a cool head. Stay alert. The Devil is poised to pounce, and would like nothing better than to catch you napping.

Proverbs 16:17 (CEV) God's people avoid evil ways, and they protect themselves by watching where they go.

1 Corinthians 10:12 (KJV) Wherefore let him that thinketh he standeth take heed lest he fall.

H.A.L.T. =

3. _____ your attention on something else.

Philippians 4:8 (TEV) In conclusion, my friends, fill your minds with those things that are good and that deserve praise: things that are true, noble, right, pure, lovely, and honorable.

Proverbs 4:23 (TEV) Be careful how you think; your life is shaped by your thoughts.

4. _____ your struggle to a godly friend.

James 5:16 (NIV) Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous man is powerful and effective.

5. _____ the devil.

James 4:7 (MSG) So let God work his will in you. Yell a loud no to the Devil and watch him scamper.

6. _____ God's help.

Psalms 50:15 (GW) Call on me in times of trouble. I will rescue you, and you will honor me.

Hebrews 4:15 (NLT) This High Priest of ours understands our weaknesses, for he faced all of the same temptations we do, yet he did not sin.

Hebrews 4:16 (TEV) Let us have confidence, then, and approach God's throne, where there is grace. There we will receive mercy and find grace to help us just when we need it.