



R	Happy are those who know they are spiritually poor. (Matthew 5:3, GN)
	Principle #1: Realize I'm not God. I admit that I am powerless to control my tendency to do the wrong thing and my life is unmanageable.
E	Happy are those who mourn. (Matthew 5:4, GN)
	Principle #2: Earnestly believe that God exists, that I matter to Him, and that He has the power to help me recover.

- _____ is what keeps us from moving into recovery.
- God's antidote for denial is _____!

God uses three denial busters to get your attention:

1. _____
2. _____
3. _____

Hebrews 11:6, NCV Without faith no one can please God. Anyone who comes to God must believe that he is real and that he rewards those who truly want to find him.

WHERE TO GET HELP WHEN YOU HURT:

1. Acknowledge God's _____.

Romans 1:20, NAS For since the creation of the world His invisible attributes, His eternal power and divine nature, have been clearly seen, being understood through what has been made, so that they are without excuse.

Psalms 19:1, NIV The heavens declare the glory of God; the skies proclaim the work of his hands.

Psalm 14:1, CEV Only a fool would say, "There is no God!" People like that are worthless; they are heartless and cruel and never do right.

- The real issue for most people is not "Is there a God?" but "_____?"
- Most of us get our ideas about God by thinking He's like our _____. How might this apply to people?

2. Understand God's _____.

Colossians 1:15-17, LB ¹⁵Christ is the exact likeness of the unseen God. He existed before God made anything at all, and, in fact, ¹⁶Christ himself is the Creator who made everything in heaven and earth, the things we can see and the things we can't; the spirit world with its kings and kingdoms, its rulers and authorities; all were made by Christ for his own use and glory. ¹⁷He was before all else began and it is his power that holds everything together.

- If you want to know what God is like, look at _____!

A. God _____ all about my situation.

Psalm 56:8, GN You know how troubled I am; you have kept a record of my tears. Aren't they listed in your book?

Psalm 31:7, LB I am radiant with joy because of your mercy, for you have listened to my troubles and have seen the crisis in my soul.

Psalm 69:5, GN My sins, O God, are not hidden from you; you know how foolish I have been.

B. God _____ about my situation.

- God loves us unconditionally. That means His love is not based on our _____, but on His _____.

Psalm 103:13-14, LB ¹³He is like a father to us, tender and sympathetic to those who reverence him. ¹⁴For he knows we are but dust.

Jeremiah 31:3, NRSV I have loved you with an everlasting love; therefore I have continued my faithfulness to you.

Romans 5:8, GN But God has shown us how much he loves us—it was while we were still sinners that Christ died for us!

C. God can _____ me and my situation.

- Sometimes God changes _____; sometimes He changes your _____; sometimes He changes _____.

Ephesians 1:19, LB I pray that you will begin to understand how incredibly great his power is to help those who believe him.

Luke 18:27, GN Jesus answered, "What is humanly impossible is possible for God."

Luke 18:27, MES "No chance at all," Jesus said, "if you think you can pull it off by yourself. Every chance in the world if you trust God to do it."

- Whatever you focus on tends to _____.

3. Accept God's _____.

Philippians 2:13, PHI For it is God who is at work within you, giving you the will and the power to achieve his purpose.

2 Timothy 1:7, GN For the Spirit that God has given us does not make us timid; instead, his Spirit fills us with power, love, and self-control.