

SO HOW DO I LET GO?

1. ACCEPT GOD'S _____ AS MY SALVATION.

- **Acts 16:31 (KJV)** *And they said, Believe on the Lord Jesus Christ, and thou shalt be saved, and thy house.*

2. ACCEPT GOD'S _____ AS MY STANDARD FOR LIVING.

- **2 Timothy 3:16 (PHI)** *All scripture is inspired by God and is useful for teaching the faith and correcting error, for resetting the direction of a man's life and training him in good living.*

3. ACCEPT GOD'S _____ AS MY GOAL IN LIFE.

- **Psalms 40:8 (KJV)** *I delight to do thy will, O my God: yea, thy law is within my heart.*

4. ACCEPT GOD'S _____ AS MY STRENGTH.

- **Philippians 4:13 (LB)** *For I can do everything God asks me to with the help of Christ who gives me the strength and power.*

Revelation 3:20 (LB) *"Look! I have been standing at the door, and I am constantly knocking. If anyone hears me calling him and opens the door, I will come in and fellowship with him and he with me."*

REAL WILLPOWER IS MY _____ TO ACCEPT GOD'S _____.



LifeNIGHT
Whole People In A Broken World
An Interactive Bible Study Series for Summer 2002

R	Happy are those who know they are spiritually poor. (Matthew 5:3, GN)
	Principle #1: Realize I'm not God. I admit that I am powerless to control my tendency to do the wrong thing and my life is unmanageable.
E	Happy are those who mourn. (Matthew 5:4, GN)
	Principle #2: Earnestly believe that God exists, that I matter to Him, and that He has the power to help me recover.
C	Happy are those who are humble. (Matthew 5:5, GN)
	Principle #3: Consciously choose to commit all my life and will to Christ's care and control.

Matthew 11:28-30 (PHI) *Come to me, all of you who are weary and over-burdened, and I will give you rest! Put on my yoke and learn from me. For I am gentle and humble in heart and you will find rest for your souls. For my yoke is easy and my burden is light.*

THE DOWNWARD SPIRAL

- You get _____ in some kind of problem.
- You feel _____ that you're stuck.
- You feel _____ that you can't change.
- You feel _____ that you'll never be able to change.
- You feel _____ and focus on feeling sorry for yourself.
- Whatever you focus on will _____ – so you're stuck even further!





Happy are those who are humble.
(Matthew 5:5, GN)

Principle #3:

Consciously choose to commit all my life and will to Christ's care and control.

WHAT KEEPS ME FROM LETTING GO?

1. _____

(I DON'T WANT TO ADMIT I NEED HELP)

- **Proverbs 18:12 (TEV)** *No one is respected unless he is humble; arrogant people are on the way to ruin.*
- **Proverbs 10:8 (LB)** *The wise man is glad to be instructed, but a self-sufficient fool falls flat on his face.*

2. _____

(I'M ASHAMED TO ASK GOD FOR HELP)

- **Psalms 40:12 (LB)** *Otherwise I perish, for problems far too big for me to solve are piled higher than my head. Meanwhile my sins, too many to count, have all caught up with me, and I am ashamed to look up. My heart quails within me.*

WHAT HAS GOD DONE WITH MY SINS?

- John 1:29 _____
- Hebrews 10:17 _____
- Isaiah 1:18 _____
- Isaiah 43:25 _____
- Isaiah 44:22 _____
- Isaiah 55:7 _____
- Micah 7:19 _____

3. _____

(I'M AFRAID OF WHAT I'D HAVE TO GIVE UP)

- **John 8:31-32 (LB)** *Jesus said to them, "You are truly my disciples if you live as I tell you to, and you will know the truth, and the truth will set you free."*
- **Freedom is choosing who** _____.
- **Mark 8:36 (LB)** *And how does a man benefit if he gains the whole world and loses his soul in the process?*
- **The Kingdom of God works** _____.

4. _____

(I CONFUSE DECISION-MAKING WITH PROBLEM-SOLVING)

- **1 Peter 5:7 (LB)** *Let him have all your worries and cares, for he is always thinking about you and watching everything that concerns you.*
- **The Christian life is a** _____ **followed by a** _____.
- **Philippians 1:6 (LB)** *And I am sure that God who began the good work within you will keep right on helping you grow in his grace until his task within you is finally finished on that day when Jesus Christ returns.*

5. _____

(MY FAITH SEEMS SO SMALL)

- **Matthew 17:20 (GW)** *He told them, "Because you have so little faith. I can guarantee this truth: If your faith is the size of a mustard seed, you can say to this mountain, 'Move from here to there,' and it will move. Nothing will be impossible for you."*
- **It's not the size of your** _____ **that matters, but the size of your** _____!