SO HOW DO I LET GO?

1.	ACCEPT GOD'S	_ AS MY SALVATION.
	Acts 16:31 (KJV) And they said, Christ, and thou shalt be saved, a	
2.	ACCEPT GOD'S	_ AS MY STANDARD
	FOR LIVING.	
	<u>2 Timothy 3:16 (PHI)</u> All scriptur useful for teaching the faith and c direction of a man's life and training	orrecting error, for resetting the
3.	ACCEPT GOD'S	_ AS MY GOAL IN LIFE.
	• Psalm 40:8 (KJV) I delight to do law is within my heart.	thy will, O my God: yea, thy
4.	ACCEPT GOD'S	AS MY STRENGTH.
	Philippians 4:13 (LB) For I can with the help of Christ who gives it	
cor	velation 3:20 (LB) "Look! I have been astantly knocking. If anyone hears me call come in and fellowship with him and	calling him and opens the door,
RE	EAL WILLPOWER IS MY	TO ACCEPT
G	DD'S	
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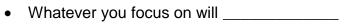


	Happy are those who know they are spiritually poor. (Matthew 5:3, GN)
R	Principle #1: Realize I'm not God. I admit that I am powerless to control my tendency to do the wrong thing and my life is unmanageable.
	Happy are those who mourn. (Matthew 5:4, GN)
E	Principle #2: Earnestly believe that God exists, that I matter to Him, and that He has the power to help me recover.
	Happy are those who are humble. (Matthew 5:5, GN)
C	Principle #3: Consciously choose to commit all my life and will to Christ's care and control.

<u>Matthew 11:28-30 (PHI)</u> Come to me, all of you who are weary and over-burdened, and I will give you rest! Put on my yoke and learn from me. For I am gentle and humble in heart and you will find rest for your souls. For my yoke is easy and my burden is light.

THE DOWNWARD SPIRAL

•	You get in some kind of problem.		em.
•	You feel that you're stuck.		
•	You feel	that you can't change).
•	You feel	that you'll never	
	be able to change.		
•	You feel	and focus on	ہرے
	feeling sorry for yourself.		



– so you're stuck even further!



Happy are those who are humble. (Matthew 5:5, GN)

Principle #3:

Consciously choose to commit all my life and will to Christ's care and

WHAT KEEPS ME FROM LETTING GO?

(1	DON'T WANT TO ADMIT I NEED HELP)	
•	<u>Proverbs 18:12 (TEV)</u> No one is respected unless he is humble; arrogant people are on the way to ruin.	
•	<u>Proverbs 10:8 (LB)</u> The wise man is glad to be instructed, but self-sufficient fool falls flat on his face.	t é
2		_
(I	M ASHAMED TO ASK GOD FOR HELP)	
	Psalm 40:12 (LR) Otherwise Linerish, for problems far too high	
•	Psalm 40:12 (LB) Otherwise I perish, for problems far too big for me to solve are piled higher than my head. Meanwhile my sins, too many to count, have all caught up with me, and I am ashamed to look up. My heart quails within me. WHAT HAS GOD DONE WITH MY SINS?	
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3. _	
('M AFRAID OF WHAT I'D HAVE TO GIVE UP)
•	<u>John 8:31-32 (LB)</u> Jesus said to them, "You are truly my disciples if you live as I tell you to, and you will know the truth, and the truth will set you free."
•	Freedom is choosing who
•	Mark 8:36 (LB) And how does a man benefit if he gains the whole world and loses his soul in the process?
•	The Kingdom of God works
.	
(CONFUSE DECISION-MAKING WITH PROBLEM-SOLVING)
•	<u>1 Peter 5:7 (LB)</u> Let him have all your worries and cares, for he is always thinking about you and watching everything that concerns you.
•	The Christian life is a followed
	by a
•	Philippians 1:6 (LB) And I am sure that God who began the good work within you will keep right on helping you grow in his grace until his task within you is finally finished on that day when Jesus Christ returns.
j	
(MY FAITH SEEMS SO SMALL)
•	<u>Matthew 17:20 (GW)</u> He told them, "Because you have so little faith. I can guarantee this truth: If your faith is the size of a mustard seed, you can say to this mountain, 'Move from here to there,' and it will move. Nothing will be impossible for you."
•	It's not the size of your that
	matters, but the size of your!